Up to six (6) students at a time
On a Monday, 9.30am to 3pm
Come to Reception and ask for Stanka

You will need to find your way there and home
Bring everything you wish to eat and drink for the day

Project information

Residential aged care provides a range of care options and accommodation for older people who are unable to continue living independently in their own homes. The type of care provided ranges from personal care to assist with activities of daily living through to nursing care on a 24-hour basis.

Benefits of volunteering in an aged care facility include:
- making a positive difference to other people's lives by combating stress, loneliness & social isolation.
- having a meaningful, positive impact on your community.
- instilling a sense of achievement and purpose.
- building confidence and developing skills in communicating and relating with others.

MY VISTA Aged Care

MYVISTA is a not-for-profit organisation and a registered charity that actively supports the communities it serves. While MYVISTA remains an ethnic specialist aged care service provider, our ethnic diversity has broadened and accommodates individuals from all cultural backgrounds. We currently provide care and accommodation to people from many countries of origin and our multicultural spirit continues to show through in our staff mix, which is something we are very proud of.

MY VISTA’s Motto is: OUR HERITAGE IN HARMONY

Purpose: Providing culturally appropriate care for the aged.
Values: Respect, Care and Love, Contribution

Students will have the opportunity to help the care providers with activities that might include:
- Engaging with residence: sit with them and have conversations, could be as simple as getting them a glass of water, provide support emotional
- Serving coffee, lunch and clearing up afterwards
- Assisting with activities, games and exercises

To spend time with the residents, patiently and respectfully listening and talking with them is a precious and generous gift.